

# Student Health, Safety, and Wellness Support Policy

**Effective Date:** [Insert Date]

**Responsible Office:** Student Services Department

**Policy Owner:** Director of Student Services

## 1. Purpose

This policy outlines the Canadian National Institute of Business (CNIB)'s commitment to supporting the **health, safety, well-being**, and **mental health** of all students. It also details CNIB's response to **substance use awareness, addiction prevention**, and **overdose response**, including access to free Naloxone and related resources.

This policy supports compliance with Section 4.2.4 of the *EQA Policy and Procedures Manual – 2025* and reflects best practices in student support and public health response in British Columbia.

## 2. Scope

This policy applies to all students, including domestic and international learners, across all CNIB campuses and learning modalities.

## 3. Policy Statements

### 3.1 Mental Health and Well-being Supports

CNIB recognizes that mental health is essential for academic success and personal growth. The institution will ensure:

- **Free and confidential access to 24/7 mental health counselling** for all students through:
  - [Here2Talk](#) – Free, confidential counselling and support for BC post-secondary students (available by app, phone, or web chat).
  - [Wellness Together Canada](#) – Free resources and mental health support, including crisis counselling and self-guided tools.
- Mental health resources and counselling referrals will be available through the Student Services Office.
- Mental health awareness workshops will be held at least once per academic year.

### 3.2 Health and Medical Support

All students are encouraged to register for British Columbia's public health insurance system:

- [Medical Services Plan \(MSP\)](#) – Required for access to health care services in BC.
- International students must pay the [International Student Health Fee](#).

### 3.3 Overdose Prevention and Addiction Support

CNIB supports provincial efforts to address the public health crisis related to drug toxicity and overdose. The institution will:

- Maintain an inventory of **free Naloxone kits** available at the campus front desk and/or Student Services.
- Provide training to interested students and staff on how to recognize and respond to an opioid overdose, including the use of Naloxone.
- Refer students to the following public overdose prevention and substance use support resources:
  - [Stop Overdose BC](#) – Comprehensive provincial resource with overdose prevention strategies and support services.
  - [Toward the Heart – Get Naloxone](#) – Find a location near you to pick up a free Take Home Naloxone kit.
  - [BCCDC – Substance Use and Harm Reduction](#) – Evidence-based harm reduction and addiction treatment guidance.
- Provide students with non-judgmental referrals to support services for substance use concerns, including both community-based and virtual options.

### 3.4 Critical Incident and Crisis Response

In the event of a student medical emergency, mental health crisis, or overdose incident:

- CNIB staff are trained to initiate a **Critical Incident Protocol**, including:
  - Contacting emergency services (9-1-1) when required.
  - Administering first aid or Naloxone as trained and necessary.
  - Notifying designated campus safety personnel and the Director of Student Services.
- All critical incidents involving health or safety will be documented and reviewed for follow-up support and policy improvements.

## 4. Roles and Responsibilities

- **Director of Student Services:** Oversees implementation and evaluation of this policy, ensures staff training, and coordinates crisis response.
- **Student Services Coordinators:** Serve as first points of contact for students needing support and maintain updated listings of resources.
- **All Staff:** Must participate in periodic training and respond to student health or safety concerns in accordance with policy.

## 5. Communication and Accessibility

- This policy will be:

- Posted on the CNIB website under *Student Services*.
  - Included in the International Student Orientation Package.
  - Available in printed form at all CNIB campus locations.
- Resource links will be integrated into the **Student Portal** and LMS for ease of access.

## 6. Review

This policy will be reviewed annually or as required based on changes in public health guidance or regulatory obligations. Feedback from students and staff will inform updates.